Updated 9/8/20

PLEASE NOTE that all activities and programs listed in this edition are subject to change. We will update this on-line edition routinely as changes occur. Refer to our Facebook page for program announcement changes at Manheim Township Recreation Department.

A listing of services offered by the Trustees of Stauffer Park, the Commissioners of Manheim Township, and the School Board Directors through the Parks & Recreation Board.
Director's Message
Matthew W. Stopa, CPRP
Director

Recreation Greetings
Manheim Township
Residents!

It is hard to believe summer has come to an end. The Recreation and Park Planning Department was thrilled that we had the opportunity to provide residents a safe atmosphere to recreate in our pools and allow children to create memories at our summer camps. With these uncertain times ahead, we know that our services may be limited this fall. However, every program or service we do offer we will take every precaution to ensure the safety of the participants and our staff. For example, our Landis Woods Nature Preschool has a health and safety plan, cleaning procedures, and all the PPE our staff needs to ensure the safety of children and employees. Nature Preschool had so much interest that we are now offering a mixed-age afternoon class. Our 4th Annual Halloween Carnival is scheduled for October 31 from 1-3pm at Stauffer Park, please see page 6 for more details. Should we feel any program or service is not safe to offer or local and state guidelines are altered, we will be modifying this online only seasonal brochure.

Respectfully,
Matthew W. Stopa

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How do I register?

- MANHEIM TOWNSHIP RESIDENTS (R) and NON-RESIDENTS (NR) may register immediately upon receipt of this publication for fall programs by any of the below listed methods. The Recreation & Park Planning office will be closed on Monday, 9/7/20, Wednesday, 11/25/20 (3 PM), Thursday, 11/26/20, Friday, 11/27/20, Thursday, 12/24/20 (Noon), Friday, 12/25/20, Thursday, 12/31/20 (3 PM) and Friday, 1/1/2021.

ON-LINE REGISTRATION for programs online by visiting Manheim Township’s website at www.manheimtownship.org.

1.) To access the recreation Web Portal Page to register for activities click on the “Parks & Rec” circle tab.
2.) Click on On-line Rec Registration Page
3.) Click on Web Portal Page

Once on the Recreation Web Portal page you may log-in as a Guest to view the activities, but you must have an account created to enroll. If you have registered with us before for programs, passes, or a Township ID card, you are in our system. When creating your account you will be prompted to contact the Recreation & Park Planning Office for your initial activation password. If you are a new customer, enter all information requested, then submit and you will be notified (via e-mail) with your initial activation password.

BRING your registration to Stauffer Mansion, 1241 Lititz Pike. Office hours are 8 AM to 5 PM, Monday through Friday. The office will be closed Monday, 9/7/20, Wednesday, 11/25/20 (3 PM), Thursday, 11/26/20, Friday, 11/27/20, Thursday, 12/24/20 (Noon), Friday, 12/25/20, Thursday, 12/31/20 (3 PM) and Friday, 1/1/2021.

MAIL your registration to Stauffer Mansion, 1241 Lititz Pike, Lancaster, PA 17601-4396. If you choose mail-in registration, please include a separate check for each program you register for.

- FEE STRUCTURE: Resident Fee [R] is listed with each program. Non-Resident fee [NR] is listed with programs open to both residents and non-residents. Non-Resident fee applies regardless of the fact a participant’s business may be located within the Township. Senior Citizens’ Discount [SR] for Manheim Township Residents age 60 and over is listed with each program where applicable. Non-Resident Senior Citizens may pay regular Resident fee [R].

- MAKE CHECK PAYABLE TO: Manheim Township Recreation & Park Planning Department. Please include your telephone and program number on front of check. A $30 charge will be assessed for all checks returned by the bank.

- REGISTRATION WILL BE ACCEPTED at the Recreation & Park Planning Office (Stauffer Mansion) ONLY, not at program sites.

- CONFIRMATION of registration is sent only if you include a self-addressed stamped envelope with your mail-in registration.

- WAIT LIST: Participants who register for an activity where capacity enrollment has been reached will go on a waiting list. Additional classes may be formed if there are sufficient requests and if facilities and instructors are available.

- REFUNDS for Recreation Programs are issued only if requested prior to the second meeting of the class. There is a $5 administrative fee deducted from each refund processed. No refunds given on bus charter trip registration unless replacement person can be obtained from our waiting list.

- CANCELLATIONS: The Manheim Township Recreation & Park Planning Department reserves the right to cancel any program due to insufficient registration. A full refund will be awarded.

DIANE BIRD
Receptionist / Program Division Assistant

Stop in for information on any activity, program registration or reservation of park facilities within Manheim Township.
Danse-Sations 2020

BALLET/GYM DANCE

Have fun learning the basics of ballet and tumbling skills. Increase body awareness, flexibility and coordination.

Fee: R - $60, NR - $65 [7 classes/session].

For ages 3 to 6

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<th>Times</th>
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PRE/K - BALLET / TAP DANCE

For ages 3 to 6. This combination class will introduce ballet technique and basic tap steps. Increase coordination and rhythm.

Fee: R - $60, NR - $65 [7 classes/session].

JAZZ & GYM - Levels 1, 2 & 3

Students will learn to combine tricks, balance work and tumbling with dance technique. Elements from gymnastics and dance are blended together.

Fee: R - $60, NR - $65 [7 classes/session].

BALLET - Levels 1, 2 & 3

Learn this classical dance form characterized through grace, precision of movement, flexibility and ballet technique. Participants required to wear tights and ballet shoes.

Fee: R - $60, NR - $65 [7 classes/session].

Levels 1 & 2 / Ages 7 & Up

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Levels 2 & 3 / Ages 10 & Up

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<td>8-9 PM</td>
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TAP DANCE- Levels 1, 2 & 3

Students will learn to improve their timing and coordination while developing rhythmic and syncopated foot work. This dance form is where your feet make the music!

Fee: R - $60, NR - $65 [7 classes/session].

Levels 1 & 2 / Ages 7 & Up

<table>
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Levels 2 & 3 / Ages 10 & Up

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<tr>
<td>235.4002</td>
<td>Th, 10/29-12/17</td>
<td>7:15-8 PM</td>
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</tbody>
</table>

POINTE

For ages 13 and up. Participants must be at level 3 and have instructor approval.

Fee: R - $60, NR - $65 [7 classes/session].

<table>
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<tr>
<td>232.4002</td>
<td>M, 11/9-12/21</td>
<td>8:15-9 PM</td>
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</tbody>
</table>

ALL DANCE PROGRAMS HELD IN THE STAUFFER CARRIAGE HOUSE (2nd Floor).

LIMIT: 6 Minimum / 10 Maximum per class per session.

INSTRUCTOR: Vicki Kassees – B.S. in Recreation Program Management from North Carolina State University; Full Scholarship to North Carolina State University for gymnastics; Meredith College Dance Degree.
**MUSIKGARTEN ©**

Play With Me! Part 1.

For ages 1 to 4 years old. Join us for the exciting 8-week session of Play With Me! Part 1. Students and their respective grownups will experience steady beat, tonal and rhythm patterns, focused listening, movement, story-telling and instrument play in each class. Developing these skills in a secure environment with their adult and with peers lays the foundation for the child’s positive transition to a pre-school or classroom setting. Each curriculum will be taught in two consecutive sessions and include one set of home materials containing one (1) CD and a digital download code, one (1) Parent Book and one (1) instrument.

Each child will receive the following materials (fees include):
- Program CD
- Parent Book
- Musical Instrument (Pair of Rhythm Sticks)
- Digital Download Code

Instructor: Karen Umberger, Licensed Musikgarten Educator.

Fee: R - $101, NR - $106 [8 classes].
Dates: Tuesdays, 9/18 to 11/10.
Time: 9:30-10:15 AM
Location: Stauffer Mansion Blue Room
Limit: 4 Minimum / 6 Maximum per session.

---

**AMERICAN RED CROSS BABYSITTER TRAINING**

For ages 11 to 15. The 6-1/2 hour course gives participants the knowledge and confidence to care for infants and school-age children. Combining video, activities, hands-on skills training and discussion for a complete learning experience. Babysitter’s Training teaches youth how to:

- Respond to emergencies and illnesses with first aid, rescue breathing and appropriate care.
- Make decisions under pressure.
- Communicate with parents to learn household rules.
- Recognize safety and hygiene issues.
- Manage young children.
- Feed, diaper and care for infants.
- Start their babysitting business.

Materials received:
Other materials are available by going on www.redcross.com, hit the blue “Take a Class” tab at the top of the page, click on Babysitting under the Caregiving and Babysitting section. Read the terms and conditions for accessing and downloading American Red Cross materials and follow the directions on how to download any of the materials you would like under “Other Resources (PDF files)”.

**REMEMBER TO BRING A BAG LUNCH & A DRINK!**

Instructor: Certified Red Cross Babysitter Training Instructor

Fee: R - $105, NR - $110 [1 class].

Date: Saturday, 10/3/20

Time: 8:30 AM to 4PM

Location: Stauffer Mansion Blue Room (1241 Lititz Pike)

Limit: 5 Minimum / 10 Maximum.

---

I am very excited to be a part of the Manheim Township Recreation Department. I have broad and extensive experience in recreation with over 20 years in the field. I enjoy swimming and going to any type of sports event. I graduated from the University of Tennessee and am a Jacksonville Jaguars fan.

I am looking forward to getting to know the community and all the wonderful families. If you have any suggestions for new or existing programs, I would love to hear them!

I can be reached at (717) 290-7180, ext. 3106.

**MICHAEL KURLAND**
Youth Sports & Activities Manager

“Like Us” on FACEBOOK!

“Like Us” @ Manheim Township Recreation Department!

Register online at www.manheimtownship.org
Youth Activities

JUNIOR STREAKS FIELD HOCKEY #251.4001

This program is for girls in grades K-4. This developmental program will focus on basic field hockey skills allowing girls to grow to their fullest potential while promoting respect, sportsmanship and love for the sport of field hockey. Girls of all levels and experiences are welcome.

The girls will learn the fundamental skills and rules of the game. Later, they will use the skills learned and knowledge gained in scrimmages against each other and possibly other programs.

This year, head coaches Heatherann Paul and Kelly Horst will run the program. Coach Paul and Coach Horst had the opportunity to play together at Towson University’s Division I field hockey program in Maryland. Coach Paul played from 1999-2002 and Coach Horst played from 2000-2003. They have many of the same experiences and will bring those experiences to the girls and coaches that will be helping out amongst each of the grade levels.

For additional information, please contact: Heatherann Paul at MTJrStreaksFH@gmail.com.

Fee: $30
Dates: Tuesdays, September 8 to October 13.
Time: 4:45 to 5:45 PM

Players must provide: field hockey stick, one (1) field hockey ball, shin guards, mouthguard and sneakers.

Location: Manheim Township Athletic Complex (2883 Weaver Road).
Limit: 12 Minimum / 50 Maximum.

FACEBOOK/JR. STREAKS FIELD HOCKEY

CANCELLED
9/8/20
INTRO TO GIRLS LACROSSE
#320.4001

For girls entering kindergarten through 3rd grade residing in Manheim Township.
Each girl will receive instruction in passing, catching, cradling and shooting. This program will focus on fundamentals and developing skills. Each participant will have the opportunity to play in a game like setting. Full sized regulation sticks are available for purchase prior to signing up. Coaches from the Manheim Township Youth Girls Lacrosse Club will be the instructors for the program.

Fee: R - $40
Bring your own regulation size stick;
Dates: Sundays, 9/13 to 10/25 *No 10/11 Class [6 classes].
Times: 4-5 PM
Location: Manheim Township Athletic Complex (2883 Weaver Road).
Limit: 10 Minimum / 50 Maximum.

FIRST GOAL LACROSSE
#319
MT Fall Ball Lacrosse!

For Manheim Township resident boys entering kindergarten through sixth grade.
This program is designed for new and returning boys interested in playing the exciting game of lacrosse!
Coaches affiliated with the Manheim Township Boys Youth Lacrosse Association will use a variety of drills and live play to improve your boys lacrosse skills.
K – 2nd graders will use a soft ball to learn the basics of lacrosse (no equipment other than a full size stick will be needed). 3rd through 6th graders and all will require full equipment to participate. Loaner equipment will be made available through MTBYLA.

Instructors: MT Boys Lacrosse Club

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<tr>
<td>319.4002</td>
<td>3-6</td>
<td>11-12 PM</td>
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</tbody>
</table>

Fee: $40
Dates: Saturdays, 9/12 to 10/17 *No Saturday, 10/10 [5 classes].
Location: Manheim Township Athletic Complex (2883 Weaver Road).
Limit: 10 Minimum / 50 Maximum.

MANHEIM TOWNSHIP Youth Sports Organizations

The following volunteer organizations offer their services to the youth of Manheim Township. Each association has its own Officers, Board of Directors, by-laws and rules and regulations. With the exception of facility scheduling and maintenance, they are independent of Manheim Township Recreation. Parents needing information may contact the following:

MANHEIM TOWNSHIP BASEBALL/SOFTBALL ASSOCIATION
Ted Miller ... President or visit website at www.mtbsa.com or email: information @mtbsa.com with questions.

MANHEIM TOWNSHIP YOUTH GIRLS LACROSSE
Brett Engroff ... President ... byeengroff@comcast.net Register at www.mtgirlslax.com

MANHEIM TOWNSHIP YOUTH BOYS LACROSSE
Visit Website: townshiplacrosse.com
Aldo Romano ... President
aldo_romano@comcast.com

MANHEIM TOWNSHIP YOUTH CHEERLEADING ASSOCIATION
Leah Johnson ... Director
mtcoachleah@gmail.com
Cheerleading is open to students ages 7-14.

MANHEIM TOWNSHIP YOUTH FOOTBALL ASSOCIATION
Marc Alaimo ... President ... 717-330-0065
Ma1409@netzero.com
www.mtyfa.org
Football is open to students ages 8-14.

MANHEIM TOWNSHIP SOCCER CLUB
Duane D’Orazio ... President
Visit www.mtsoccer.com to register and for information.
The Manheim Township Recreation & Park Planning Department offers recreational basketball programs for township youth in grades 1 through 8. The program is divided into leagues by Grades 1/2*, 3/4, 5/6, and 7/8, with boys and girls divisions in each.

There will be a Parents’ Informational Meeting on Monday, October 19, at 6:30 PM at the Stauffer Mansion. The purpose of this meeting will be to answer any questions you might have regarding league philosophy, format and rules.

Registration: Registration begins Monday, September 14th and will continue until Friday, November 13th.

Fee: Grades 3-8 division = $80, Grades 1/2 division = $60.

To register log onto www.manheimtownship.org

Grades 1/2 will have a coed developmental league. Practices will be Saturdays in December. Saturdays starting in January we will have a short practice and then a scrimmage. Smaller courts and 8ft hoops will be put into place.

This program places emphasis on skills, drills and learning game concepts, and less on competition. The primary objective is participant enjoyment. We want participants to have an enjoyable experience so they have desire to pursue the sport as they grow.

Participants will be asked to commit one evening each week (Monday through Thursday) and each Saturday for practices and/or games, beginning in December. Days, times, and locations will depend on the total number of participants in each division and availability of volunteer coaches. The program runs first Saturday in December through first or second Saturday in March.

For the Youth Basketball Program to be successful, volunteer involvement is essential! Volunteers are needed to coach at all levels, whether it be a parent or someone who enjoys basketball or working with kids. If you are interested in coaching, please indicate your interest on your child’s registration form or contact Michael Kurland by phone at 717-290-7180, ext. 3106 or e-mail: mkurland@manheimtownship.org.

HIGH SCHOOL BOYS BASKETBALL

The program is divided into boys’ Grades 9/10 and 11/12.

The program is divided into boys’ Grades 9/10 and 11/12. Register @MTRecbasketball.org starting September 14.

Both leagues will play a regular season schedule plus playoffs (if time permits). Teams will play 5 on 5 unless league player numbers dictate 4 on 4 play. *Please note, this is not a developmental league, there are no volunteer coaches or scheduled practices. Captains and teams will be chosen on Wednesday, November 18 at Nitrauer Elementary School according to the following schedule: Grades 9/10 at 6:30 PM and Grades 11/12 at 7:30 PM.

Games will be played at Nitrauer Elementary School on the following nights: Grades 9/10 - Thursdays, beginning 12/3 and Grades 11/12 - Wednesdays, beginning 12/2.

Limit: 30 Minimum / 60 Maximum.

“Like Us” on FACEBOOK!

“Like Us” @ Manheim Township Recreation Department!
The Recreation & Park Planning Department offers Discount Ski Lift vouchers beginning in December. Ski area locations include:

- Big Boulder / Jack Frost
- Blue Mountain
- Camelback
- Elk Mountain
- Montage
- Ski Rountop / Liberty / White Tail

Call (717) 290-7180, Ext. 3100 for availability and pricing.

Rescheduled

Join us for our first ever outdoor movie night on FRIDAY, OCTOBER 2 at Manheim Township Athletic Complex (2883 Weaver Road). The movie will start at dusk (approximately 8 PM). Bring your picnic blanket, snacks and flashlight and enjoy a great family evening under the stars.

Fee: FREE!
Date: Friday, 10/2
Time: 8 PM
Location: Manheim Township Athletic Complex (2883 Weaver Road).

Register online at www.manheimtownship.org
Landis Woods Nature Preschool is a fully licensed preschool certified by the PA Department of Education for students ages 3 to 5. We utilized the elementary entrance requirements of the Manheim Township School District to build our curriculum with Mother Nature as a teacher and the great outdoors as our classroom. This nature-based preschool focuses on immersing children in nature while preparing them for kindergarten. Our teacher and environmental education staff will use the Boettcher House Nature Center as the home base and Landis Woods as the classroom.

Science has proven that an increase in “screen time” and lack of time spent outdoors has an adverse effect on children. Contact with nature awakens our senses. Consider the smell of an ocean breeze or the sweet scent of a freshly mown hay field. Close your eyes and listen to the story a songbird sings to greet the day and the soothing hoot of an owl putting the day to rest. Taste a sun-warmed blueberry or the single droplet of sweetness inside the flower of the honeysuckle bush. Touch the smooth back of a frog or the soft fur of a rabbit. By allowing children to explore and spend time with nature, we can foster and renew this connection with the natural world, which has been lost to classrooms and technology.


Children who learn and play outdoors are healthier and more socially well-adjusted, not to mention, their attention spans are superior to children who spend the majority of their time indoors.

Our program addresses the whole child, his or her cognitive development, of course; but also social, emotional, communication and self-help areas of development.

NOW OFFERING
AFTERNOON CLASSES!
LATE ENROLLMENT
ACCEPTED!

Three-year-old children will attend on Tuesday and Thursday mornings from 9:00 – 11:30 AM; and four-year-olds will participate on Monday, Wednesday, and Friday mornings from 9:00 –11:30 AM. We also offer a mixed age afternoon class Monday, Wednesday and Friday for ages 3-5 from 12:30 to 3 PM.

All participants must be toilet-trained. Children entering the 3-year old class must be age three (3) by August 31, 2020; Children entering the Pre-K class must be four (4) by August 31, 2020.

A registration packet and calendar will be provided outlining all the necessary

“We weren’t planning on sending our child to preschool until we found out about Nature Preschool. We love that she is spending extra time outdoors and learning from teachers who share our passion for nature. She looks forward to it each week!” -Kristin Manthei


“My daughter loves this program! She talks about her friends, being outside, the animals they see and the letter of the day. She has learned soo much.” - Cassidy Bolen

“Open HOUSE for the 2021 / 2022 school year will be held Sunday, December 20, 2020 from 1-6 PM at the Boettcher House Nature Center (2369 Lititz Pike). Please contact Alex VanPelt for more information at avpelt@manheimtownship.org."

“She loves to emulate school at home by sounding out words, identifying letters, and pointing out things in nature. She has always loved the outdoors, but I have noticed greater ease and confidence, as well as a true sense of peace and fulfillment when she’s outside connecting with nature. Her socialization with other kids has increased this year at school, and I love seeing her big smile and boots covered in dirt when I pick her up from school. Her love of learning continues to grow at the nature preschool and we are so pleased she was able to be a part of their first year!” - Jess Oehme
LANDIS WOODS NATURE PRESCHOOL APPLICATION FORM
2020-2021 School Year

This program is available for both Residents of Manheim Township and Non-Residents; Residents and Non-residents may register now. There is a one-time $50 per school year, non-refundable registration fee. Fall semester classes run from Wednesday, September 9, 2020 through Friday, December 18, 2020 [14 calendar weeks]. Spring semester classes will begin on January 4, 2021 and run through May 21, 2021 [20 calendar weeks] - tuition rates reflect time in session.

Child’s Last Name __________________________ First Name __________________________ Nickname __________________________

CHECK ONE: ☐ 3 Yr. Old ☐ Pre-K ☐ Afternoons ☐ Birth Date ____/____/____ Address ____________________________________________

City, State, Zip Code ______________________ Male / Female Resident of Manheim Twp? Yes / No

Home Phone Number __________________________ Emergency Name & Number __________________________

Father: Daytime Number __________________________ Father’s Name __________________________

Mother: Daytime Number __________________________ Mother’s Name __________________________

E-mail: __________________________________________________________

Medical Information - My child has the following allergies, physical, and or dietary restrictions: __________________________________________

Special Accommodations - In order to participate, my child has the following support needs: __________________________________

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<th>Hours</th>
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FALL 2020 SEMESTER [ 9/9/2020 to 12/18/2020 - 14 Weeks ]:

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SPRING 2021 SEMESTER [ 1/4/2021 to 5/21/21 - 20 Weeks ]:

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<td>9-11:30 AM</td>
<td>R = $1,440 / NR = $1,620</td>
</tr>
<tr>
<td>Afternoons</td>
<td>(M-W-Fr)</td>
<td>12:30-3 PM</td>
<td>R = $1,440 / NR = $1,620</td>
</tr>
</tbody>
</table>

IN CASE OF MEDICAL EMERGENCY

I understand that every effort will be made to contact the parents and/or guardians of the student. In the event that I cannot be reached, I hereby give my permission to the physician selected by the preschool staff to hospitalize and/or secure proper treatment for my child, as named on this application form.

MANHEIM TOWNSHIP RECREATION & PARK PLANNING GENERAL AGREEMENT

The Preschool Director and teachers will use every reasonable precaution to prevent accidents, however, they will not be responsible for medical, dental, hospital expenses or damages of any kind incurred due to accidents occurring during the program. All parents are encouraged and advised to provide accident insurance for their children with coverage prior to, during and following participation in the program. Such coverage is generally available through a family employer or student accident insurance.

I understand and agree to the above and request that my child be allowed to participate in the program. Employees shall be held responsible for any injury to my child during the program or while going to or from any session, regardless of the cause.

I permit MTRD to use any photographs or videotape of me or my child(ren) for promotional purposes.

The Preschool Director and teachers will use every reasonable precaution to prevent accidents, however, they will not be responsible for medical, dental, hospital expenses or damages of any kind incurred due to accidents occurring during the program. All parents are encouraged and advised to provide accident insurance for their children with coverage prior to, during and following participation in the program. Such coverage is generally available through a family employer or student accident insurance.

I understand and agree to the above and request that my child be allowed to participate in the program. Employees shall be held responsible for any injury to my child during the program or while going to or from any session, regardless of the cause.

I understand that tuition fees are due prior to the start of each month/semester. If payment is not received, I forfeit my deposit and my child will not be able to participate in the program.

Parent’s Signature __________________________ Date __________________________

---

PHONE NO. 717-290-7180, Ext. 3100 or FAX NO. 717-393-4221 - CREDIT CARDS ONLY! VISA/MasterCard/Discover # _____/_____/_____/______

Signature (FAX ONLY!) __________________________ Card Holder Name __________________________ Expiration Date __________________________

FOR OFFICE USE: Date Rec’d. _________ Rec’d. By _________ Mail / Walk-In / Fax Check / Cash / Charge PD. DEPOSIT $ _________ BAL. DUE $ _________

---
COLORS OF AUTUMN HIKE  
#376.4001

For all ages. Take a stroll through Landis Woods to enjoy the changing forest. Come to learn about why leaves change color in fall, dotting the forest floor with splashes of color. Participants must be able to walk at least 1-1/2 miles on natural, sometimes hilly trails.

Fee: R / NR - $3 per participant; $10/family max [1 class].
Instructor: Alex Van Pelt, Naturalist
Dates: Sunday, 11/1
Times: 2-3:30 PM
Location: Boettcher House Nature Center in Landis Woods (2369 Lititz Pike).

ALEX VAN PELT  
Naturalist

I hope to see you in Landis Woods, as our science and environmental programs grow offering fun indoor and outdoor activities for all ages! I am excited to share my love for the outdoors with people of all ages while exploring the beautiful parks of Manheim Township.

“...the most fun lies in seeing and studying the unknown.”
~Aldo Leopold

GEOCACHING 101  
#395.4001

This family friendly program will start by providing basic information and the how-to of geocaching before hitting the trails to find some geocaches right here in Landis Woods! GPS units will not be provided, please bring a well-charged GPS or cell phone with the app "Geocaching" downloaded. Families are encouraged to work together on this real life treasure hunt! Children under 10 must be accompanied by an adult.

Fee: R/NR $5 per child / $2 per parent. Parent fee waived with 2 or more children.
Instructor: Matt Geyer and Michelle Serino, STEM Specialist
Date: Sunday, October 11.
Time: 1:30-4:30 PM
Location: Landis Woods (2369 Lititz Pike)
Limit: 10 minimum / 30 maximum.
ATTENTION ALL SCOUTS

Boys & Girls

Do you need help meeting some of your requirements for badges, belt loops, pins, etc? The Naturalist at Landis Woods can help you out. Contact Alex Van Pelt at avpelt@manheimtownship.org to set up a time to plan a special visit to the Park. Cost is $8 per scout with a minimum of 8 in a group. Don’t have enough in your group? Maybe you can team up with another troop. Some areas we can help with are as follows:

<table>
<thead>
<tr>
<th>Scout Group</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tiger Scouts</td>
<td>Tigers in the Wild</td>
</tr>
<tr>
<td>Wolf Scouts</td>
<td>Paws on the Path</td>
</tr>
<tr>
<td>Bears</td>
<td>Fur, Feathers, and Ferns</td>
</tr>
<tr>
<td>Webelos</td>
<td>Into the Wild and Into the Woods</td>
</tr>
<tr>
<td>Brownies</td>
<td>Bugs, Hiker and Outdoor Adventurer</td>
</tr>
<tr>
<td>Juniors</td>
<td>Animal Habitats and Flowers</td>
</tr>
<tr>
<td>Cadettes</td>
<td>Night Owl and Trees</td>
</tr>
</tbody>
</table>

HOME SCHOOL PROGRAMS AVAILABLE UPON REQUEST!

NOW OFFERING ENVIRONMENTAL EDUCATION OUTREACH PROGRAMS!

“Mr. Alex brought the outdoors to life during our preschool and school age program. The children loved the hands on experience and lessons about the natural world around them! We can’t wait to have him back!”

Kate Kilkenny: Center Director, Willow Street KinderCare

Sunday Science

MADE FROM SCRATCH #372.4001

We buy so many things from a store that we can actually make ourselves! Put your personal stamp on different do-it-yourself projects such as candlemaking and even make and taste homemade ice cream.

Fee: R - $20, NR - $23 [1 class].
Instructor: Michelle Serino, STEM Specialist
Dates: Sunday, 9/13/20
Times: 1:30-4:30 PM
Location: Boettcher House Nature Center in Landis Woods (2369 Lititz Pike).
Limit: 10 Minimum / 15 Maximum.

SLIME GALORE #373.4001

For 6-12. Stretch your fingers at the Boettcher House for a Sunday of slime! We will experiment with different kinds of slime and feature a special Halloween-themed slime to bring home.

Fee: R - $20, NR - $23 [1 class].
Instructor: Michelle Serino, STEM Specialist
Dates: Sunday, 10/25/20
Times: 1:30-4:30 PM
Location: Boettcher House Nature Center in Landis Woods (2369 Lititz Pike).
Limit: 10 Minimum / 15 Maximum.

CRAZY CHEMISTRY #374.4001

We will put on our safety glasses again for another round of chemistry! Get a close-up look at things that bubble and burn with our interactive experiments.

Fee: R - $20, NR - $23 [1 class].
Instructor: Michelle Serino, STEM Specialist
Dates: Sunday, 11/8/20
Times: 1:30-4:30 PM
Location: Boettcher House Nature Center in Landis Woods (2369 Lititz Pike).
Limit: 10 Minimum / 15 Maximum.
**TAI CHI QIGONG**  
#560.4002

Tai Chi Qigong - pronounced “cheegong” - combines elements of Tai Chi, a soft martial art, and Qigong, ancient Chinese energy exercises. You will achieve the advantages of each by practicing and learning one simple, 18-movement routine. The movements are relaxed and gentle, yet invigorating and encourage the flow of qi or energy throughout the body. The movements are easy enough to be practiced safely at any age and any stage of fitness - it can even be practiced seated in a chair!

Regular practice of Tai Chi Qigong revitalizes the body and calms the mind. For those seeking physical fitness, Tai Chi Qigong loosens the joints, increases flexibility and balance, strengthens sinews and tendons, and expands lung and heart capacity. It has been known to improve the function of internal organs, strengthen the immune system, and slow aging. No special clothing or equipment is needed.

**Questions?** Call Sharon at 295-2423.

**Instructor:** Sharon Chiu-Kent, Certified Qigong Instructor

**Fee:** R - $60, NR - $64 [7 classes per session].

**Dates:** Wednesdays, 10/28 to 12/16*  
**No 11/25*

**Time:** 6:30-7:30 PM

**Location:** Overlook Activities Center - Party Room

**Limit:** 6 Minimum per session.

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**BODY RESTORE**  
All Levels Welcome!  
#706

In this gentle practice, you’ll be guided to find new ways to move your body, develop physical strength, flexibility and balance. Additionally, the yoga exercises and restorative movements we do will help stabilize the deep muscles of the back to keep your spinal column flexible and strong. Each session ends with systematic relaxation and a silent moment of gratitude. Afterwards you will feel refreshed and peaceful!

Suitable for beginners and/or for any age or level of experience!

**Instructor:** Maria van der Meij, E-RYT 500 Yoga Alliance Instructor

**Fee:**
- 4-Week Sessions: R - $48, NR - $50
- 6-Week Sessions: R - $72, NR - $75

**4-WkSessions**

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<tr>
<th>Dates</th>
<th>Times</th>
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<tbody>
<tr>
<td>706.4004</td>
<td>Tues, 10/6 to 10/27 10-11 AM</td>
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<tr>
<td>706.4005</td>
<td>Wed, 10/7 to 10/28 6-7 PM</td>
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<td>706.4006</td>
<td>Fri, 10/9 to 10/30 10-11 AM</td>
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<td>706.4007</td>
<td>Tues, 11/3 to 11/24 10-11 AM</td>
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<tr>
<td>706.4008</td>
<td>Tues, 12/1 to 12/22 10-11 AM</td>
</tr>
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</table>

**6-WkSessions**

<table>
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<tr>
<th>Dates</th>
<th>Times</th>
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</thead>
<tbody>
<tr>
<td>706.4009</td>
<td>Tues, 11/4 to 12/16* 6-7 PM</td>
</tr>
<tr>
<td>706.4010</td>
<td>Wed, 11/6 to 12/18* 10-11 AM</td>
</tr>
</tbody>
</table>

**Location:** Stauffer Carriage House - 2nd Floor.

**Limit:** 9 Minimum / 15 Maximum per session.

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**WALK AROUND THE CENTER**

Come out and do laps at the Activities Center! A great place to meet others and get some exercise. No registration required.

**Dates:** DAILY, Monday through Friday, beginning 9/21;
  12/28 through 12/31 - 7-9 AM.

**Times:** 7 AM to 12 Noon. 12/28 through 12/31 - 7-9 AM.

**Location:** Overlook Activities Center.

---

**LIKE US** on FACEBOOK!

“Like Us” @ Manheim Township Recreation Department!
HARRY NORTON, CPRP  
Adult & Family Program Manager

As the Adult and Family Program Manager, my focus is on providing recreation opportunities for adult and family enrichment, interests and hobbies - whether they are education, artistic, fitness, sport, travel or social centered events.

If you’ve got program and event ideas or interests to share, please call me at 290-7180 x 3103 or email hnorton@manheimtownship.org.

ADULT TENNIS CLINICS  #564

This package of four (4) one-hour clinics will emphasize the key elements of technique and footwork, followed by drills and match play. Week 1 - Forehands, Week 2 - Backhands, Week 3 - Net Play, and Week 4 - The Serve!

Monday sessions designed for Beginner or Advanced Beginners; Tuesday sessions are for more experienced players (USTA/NTRP ratings of 3.0 to 3.5). Tuesday sessions emphasizes match play strategy through various drills.

Instructors: DeWitt Boyd  
Fee:  R - $50, NR - $55 [4 classes per session].

<table>
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<tr>
<th>4-Wk Sessions</th>
<th>Dates</th>
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<tbody>
<tr>
<td>564.4001</td>
<td>Mon, 9/14 to 10/5</td>
</tr>
<tr>
<td>564.4002</td>
<td>Tues, 9/15 to 10/6</td>
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<tr>
<td>564.4003</td>
<td>Mon, 10/12 to 11/2</td>
</tr>
<tr>
<td>564.4004</td>
<td>Tues, 10/13 to 11/3</td>
</tr>
</tbody>
</table>

Time: 6-7 PM  
Location: Stauffer Park Courts  
Limit: 5 Minimum / 10 Maximum per session.

PARTICIPANTS MUST HAVE MASKS TO ENTER THE FACILITY!

PICKLEBALL!  
Open Gym at the OAC

Pickleball combines elements of badminton, tennis and ping-pong. It is played on a badminton-size court with the net mounted two inches lower than a traditional tennis net. Players use a paddle and a plastic ball (think wiffle ball).

Although Pickleball appears to be very similar to tennis, the slower speed of the pickleball and the smaller court area makes the sport more accessible to a wider range of players.

Fee:  R - $4, NR - $5 at the door.  
Location:  Overlook Activities Center.

PARTICIPANTS MUST BRING A MASK!

Waiting participants must wear masks!

ADULT PICKLEBALL!  
Mon & Thurs Nights at the OAC

Enjoy this game played on a 20’ x 44’ court with a net mounted two inches lower than a traditional tennis net. Players use a paddle and a plastic ball (think wiffle ball). Although Pickleball appears to be very similar to tennis, the slower speed of the pickleball and the smaller court area makes the sport more accessible to a wider range of players.

Learn why Pickleballers relish the opportunity to get out there and play!

Fee:  R - $4, NR - $5 at the door.  
Dates:  Mon & Thurs, starting 9/21.  
Location:  Overlook Activities Center.

Waiting participants must wear masks!
**WEST AFRICAN HAND DRUM**  
#747.4001

*Share the rhythm that is in your soul!*

This all-level drumming class will cover the basics of the West African Djembe - or hand drum - by leading you through some of the ancient traditional rhythms and inspiring you to express the rhythms in your own soul. Did you know that drums have notes? Learn the 3 traditional notes, the history of the instrument, and its culture. Express your own rhythms, learn traditional - and non-traditional - songs, dance movements, and most definitely have some fun! All equipment provided.

**Instructor:** Tammi Hessen, a Lancaster-based drummer who has been studying in the West African hand drum tradition of djembe and dununs, among other instruments and cultures. She has traveled to Africa to study drumming and studies under djembe master Mamady Keita, and Master Drum Maker/Cultural Educator Baile McKnight. She has also studied with Menes Yahuda, Salim Ajanku of Sankofa Dance Theater, Mahiri Keita, Ubaka Hill, and other drumming instructors who travel around to teach. Tammi teaches local ongoing classes regularly in the community, and is a professor at F&M College where she teaches the African Drumming Ensemble class.

**Fee:**  
- R - $65, NR - $70 [4 classes].
**Dates:**  
- Mondays, 10/5 to 10/26
**Times:**  
- 7:30-8:45 PM
**Location:** Overlook Activities Center - Party Room
**Limit:** 8 Minimum / 20 Maximum.

---

**WHEEL THROWN POTTERY - Try It Nights!**  
#721.4001

Have you ever wanted to try clay on a potter’s wheel? Participants will learn the basic skills needed to make a cup or bowl on the potter’s wheel. No previous experience necessary, we accommodate all levels! Each student will choose their best two pieces to have glazed by the instructor and fired in a kiln. Participants will receive an email when their pots are finished. Pieces can be picked up at Stauffer Mansion during regular business hours - usually a two-week turn around.

**Instructor:** Carlo Jury

**Fee:**  
- R - $45, NR - $50 [1 class per session].

<table>
<thead>
<tr>
<th>Session</th>
<th>Dates</th>
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<tbody>
<tr>
<td>721.4001</td>
<td>Tuesday, 9/15</td>
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<tr>
<td>#721.4002</td>
<td>Tuesday, 10/20</td>
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<tr>
<td>#721.4003</td>
<td>Tuesday, 11/17</td>
</tr>
<tr>
<td>#721.4004</td>
<td>Tuesday, 12/15</td>
</tr>
</tbody>
</table>

**Location:** Lancaster Creative Factory, 560 Rear South Prince Street, Lancaster, PA 17603

**Limit:** 5 Minimum / 10 Maximum per session.

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**PARTICIPANTS MUST WEAR A MASK!**

- "Follow" on INSTAGRAM!  
@MTRECPARKS
Join the Overlook Dog Park!

2020 Membership is now available! All membership are based on a calendar year or any portion of the year, beginning January 1st and ending December 31st. Renewing and new members may register their four-legged friends at:

- Stauffer Mansion, Monday through Friday from 8 AM to 5 PM and provided all paperwork is in order – a copy of license and vaccination records (including rabies vaccine), members will leave with their own FOB access reader. This will allow members to begin using the park immediately. Renewals with all proper paperwork may be mailed to the address below.

- Registration forms as well as member rules and regulations may be found on the Manheim Township website, www.manheimtownship.org, Overlook Dog Park Association website, www.overlookdogpark.org, or at the Recreation Office, Stauffer Mansion, 1241 Lititz Pike, Lancaster, PA 17601.

- In addition, members who experience problems with their FOB access reader may stop at Stauffer Mansion and pick up a new one.

- Questions regarding registration or access are to be directed to Manheim Township’s Recreation & Park Planning Department by phone at 717-290-7180 or by e-mail at parksrec@manheimtownship.org.

- Any issues with Dog or Owner behavior will be handled through the Communications Coordinator of the MT Dog Association. The park rules and regulations explain what is expected of both the animal and its human. Members may reach MT Dog Association by e-mail at info@overlookdogpark.org.

<table>
<thead>
<tr>
<th>RESIDENT</th>
<th>NON-RESIDENT</th>
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</thead>
<tbody>
<tr>
<td>1st Dog = $45</td>
<td>1st Dog = $65</td>
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<tr>
<td>Additional Dogs $15/each</td>
<td>Additional Dogs $25/each</td>
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<tr>
<td>ONE TIME FOB ACCESS FEE = $15</td>
<td>LOST or EXTRA FOBS = $15</td>
</tr>
</tbody>
</table>

Enjoy the Park!

41st Annual Holiday Open House at Stauffer Mansion

The Recreation & Park Planning Department invites you to the Stauffer Mansion Holiday Open House on Sunday, December 6, from 1 to 4 PM. The Mansion and Carriage House will be seasonally decorated for this annual event. Join us for a wonderful afternoon!

Featured entertainment includes special music, a magic performance, arts and crafts for the kids! SANTA will be present from 1:30 to 3 PM. Refreshments will be served.

Come spend the afternoon with us and enjoy entertainment for the entire family!
**MANHEIM TOWNSHIP**

**Parks Matrix**

<table>
<thead>
<tr>
<th>PARK Name</th>
<th>Acreage</th>
<th>Pavilion/Stage</th>
<th>Picnic Areas</th>
<th>Stream Areas</th>
<th>Tennis Courts</th>
<th>18-Hole Golf Course</th>
<th>Nature Area/Trails</th>
<th>Volleyball Courts</th>
<th>Swimming Pool</th>
<th>Tot Play Area</th>
<th>Mini Golf</th>
<th>Canoe Launch</th>
<th>Bocce Courts</th>
<th>Horseshoes</th>
<th>RockGyms</th>
</tr>
</thead>
<tbody>
<tr>
<td>COMMUNITY PARK</td>
<td>209 Petersburg Rd. / 252 Bloomfield Dr.</td>
<td>34</td>
<td>*</td>
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<td>COMPOST PARK</td>
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<td>JAYCEE PARK</td>
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<td>LANDIS WOODS</td>
<td>2369 Lititz Pike</td>
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<td>MUNICIPAL PARK</td>
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<tr>
<td>OVERLOOK COMMUNITY CAMPUS</td>
<td>2099 Fruitville Pike</td>
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<tr>
<td>OVERLOOK GOLF COURSE</td>
<td>2040 Lititz Pike</td>
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<td>OVERLOOK PARK</td>
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<td>PERELMAN PARK</td>
<td>1996 Landis Valley Road</td>
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<td>REIDENBAUGH PARK</td>
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<td>SKYLINE PARK</td>
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<tr>
<td>STAUFFER PARK</td>
<td>1241 Lititz Pike</td>
<td>18</td>
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<td>STONER PARK</td>
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<tr>
<td>MANHEIM TWP. ATHLETIC COMPLEX</td>
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**Reserve your pavilion at the Recreation & Park Planning Office (Stauffer Mansion), 1241 Lititz Pike until November 1. Fees must be paid at time of reservation and rental agreement signed to confirm your reservation. Pavilion rental times will fall into two time categories: 1.) 8 AM-2PM or 2.) 3-10 PM.**

* All fees listed below are for Non-Profit Organizations.

- **R = Manheim Township Resident Groups**
- **NR = Non-Resident Groups**

**Community Park Pavilions:**
- Kitchen: R - $70, NR - $80 (Seats 80)
- Kiwanis #1: R - $60, NR - $70 (Seats 160)
- Kiwanis #2 w/ Kitchen: R - $60, NR - $70 (Seats 120)
- North: R - $40, NR - $50 (Seats 50)
- Rotary: R - $40, NR - $50 (Seats 50)
- Sertoma: R - $40, NR - $50 (Seats 50)

**Stoner Park Pavilion:**
- R - $40, NR - $50 (Seats 50)

**Destination Pavilion:**
- R - $40, NR - $50 (Seats 50)

**Jaycee Pavilion:**
- R - $40, NR - $50 (Seats 36)
Calling all residents! Are you interested in volunteering to help maintain a section of trail or area in one of Manheim Township’s beautiful parks? Then we invite you to become a member of this initiative: called Adopt-a-Park! Be an Environmental Hero and help make Manheim Township a great place to live, work & play!

No experience or special skills required, just a desire to give back to your community! Take an active role in the beautification and maintenance of our Park System. We encourage you to involve your family, friends or group from work. Our expectations are that the adoptive groups/participants support the park/trail area on at least a quarterly basis which includes the following responsibilities.

Responsibilities include:
- Clearing small debris following a storm
- Picking up any litter
- Notifying our office if a limb or other object is too large for you to safely handle on your own
- Notifying us of downed trees or other hazards, such as a “wash-out” on the trail
- Making suggestions on possible improvements
- Being the eyes and ears of the park, by notifying us of potential problems

The goal of this program is to build community pride and ownership around every neighborhood park in Manheim Township.

If interested please call Lorri Haney, Volunteer Coordinator at the Recreation & Park Planning Office, 290-7180, Ext. 3102 and we will get you started!