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# April 2021

**CURRENT HOURS:** Please visit [mtpl.info](http://mtpl.info) for information about our current procedures and hours for Curbside Pick-up and Express Service.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>We are now accepting book, DVD, CD and puzzle donations on Tuesdays and Fridays from 9:00 AM -11:00 AM. (No donation drop-off on Friday, April 2nd)            More specific information about what we can and cannot accept and donation directions can be found here: <a href="https://mtpl.info/donate-books-items/">https://mtpl.info/donate-books-items/</a></p>						
<b>4</b> <i>CLOSED</i>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	Virtual Intuitive Eating with Giant Nutritionists - 12:00 PM Midweek Money Matters: Money Management and Budgeting 6:00 PM	Midweek Money Matters: Money Management and Budgeting 10:00 AM Stay Put Story Time - 10:45 AM Virtual Plant-Forward Eating with Giant Nutritionists - 12:00 PM Toastmasters Virtual Meeting 6:30 PM	Midweek Money Matters: Money Management and Budgeting 10:00 AM Stay Put Story Time - 10:45 AM Virtual Plant-Forward Eating with Giant Nutritionists - 12:00 PM Toastmasters Virtual Meeting 6:30 PM	Stay Put Story Time Junior 10:45 AM Virtual Spring Self Care with Giant Nutritionists - 7:00 PM	<b>1</b> <b>LIBRARY CLOSED: GOOD FRIDAY</b> Virtual Feature Friday with Giant Nutritionists - 12:00 PM	<b>2</b>
<b>11</b> <i>CLOSED</i>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
	Alzheimer's Association presents: 10 Warning Signs of Dementia 10:00 AM Virtual Intuitive Eating with Giant Nutritionists - 12:00 PM Midweek Money Matters: Understanding the True Cost of Credit 6:00 PM	Midweek Money Matters: Understanding the True Cost of Credit 10:00 AM Stay Put Story Time - 10:45 AM Virtual Plant-Forward Eating with Giant Nutritionists - 12:00 PM	Midweek Money Matters: Understanding the True Cost of Credit 10:00 AM Stay Put Story Time - 10:45 AM Virtual Spring Self Care with Giant Nutritionists - 7:00 PM	Stay Put Story Time Junior 10:45 AM Virtual Spring Self Care with Giant Nutritionists - 7:00 PM	Virtual Feature Friday with Giant Nutritionists - 12:00 PM	Virtual Feature Friday with Giant Nutritionists - 12:00 PM
<b>18</b> <i>CLOSED</i>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
	Virtual Intuitive Eating with Giant Nutritionists - 12:00 PM Midweek Money Matters: Top 10 Ways to Teach Kids to Save 6:00 PM	Midweek Money Matters: Top 10 Ways to Teach Kids to Save 10:00 AM Stay Put Story Time - 10:45 AM Virtual Plant-Forward Eating with Giant Nutritionists - 12:00 PM Toastmasters Virtual Meeting 6:30 PM	Midweek Money Matters: Top 10 Ways to Teach Kids to Save 10:00 AM Stay Put Story Time - 10:45 AM Virtual Plant-Forward Eating with Giant Nutritionists - 12:00 PM Toastmasters Virtual Meeting 6:30 PM	Stay Put Story Time Junior 10:45 AM Virtual Spring Self Care with Giant Nutritionists - 7:00 PM	Virtual Feature Friday with Giant Nutritionists - 12:00 PM	Lancaster Native Plant and Wildlife Festival in Overlook Community Park (across from Mannheim Township Public Library) - 8 AM - Noon
<b>25</b> <i>CLOSED</i>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
	Virtual Intuitive Eating with Giant Nutritionists - 12:00 PM Midweek Money Matters: First Time Home Buyers: Where Do You Start - 6:00 PM	Midweek Money Matters: First Time Home Buyers: Where Do you Start - 10:00 AM Stay Put Story Time - 10:45 AM Virtual Plant-Forward Eating with Giant Nutritionists - 12:00 PM MTPLF Board Meeting - 5:30 PM	Midweek Money Matters: First Time Home Buyers: Where Do you Start - 10:00 AM Stay Put Story Time - 10:45 AM Virtual Spring Self Care with Giant Nutritionists - 7:00 PM	Stay Put Story Time Junior 10:45 AM Virtual Spring Self Care with Giant Nutritionists - 7:00 PM	Virtual Feature Friday with Giant Nutritionists - 12:00 PM	

### Virtual Spring Self-Care with Giant Nutritionists

Join Giant nutritionist Shanna Shultz, RD, LDN on Zoom each Thursday at 7:00 PM from April 1st - April 29th for a series all about a deep spring cleaning for your mind, body, and home. Register through Eventbrite.

April 1: Cleanse

April 8: Blossom

April 15: Soak

April 22: Rearrange

April 29: Refresh

**Thursdays, April 1, 8, 15, 22 & 29 at 7:00 PM**

### Virtual Feature Friday with Giant Nutritionists

Join Giant nutritionist Holly Doan, RD, LDN on Zoom each Friday at 12:00 PM from April 2nd - April 30th for a 30-minute virtual class highlighting a brand and their products. Register through Eventbrite.

April 2: Boldly Baked with Dave's Killer Bread

April 9: The Mighty Chickpea with Banza

April 16: Authentic World Cuisine with Saffron Road

April 23: Snack Better with Popcorners

April 30: A Tastier Healthy™ with Caulipower

**Fridays, April 2, 9, 16, 23 & 30 at 12:00 PM**

### Virtual Intuitive Eating with Giant Nutritionists

Join Giant nutritionist Holly Doan, RD, LDN on Zoom each Tuesday at Noon from April 6 - April 27 for a 30-minute virtual class to explore the intuitive eating approach to food that focuses on trusting your body's inner wisdom and developing a positive relationship with food. Register through Eventbrite.

April 6: Intro to Intuitive Eating

April 13: Making Peace with Food

April 20: Honor Your Hunger & Feel Your Fullness

April 27: Navigating Emotional Eating

**Tuesdays, April 6, 13, 20 & 27 at 12:00 PM**

### Virtual Plant-Forward Eating with Giant Nutritionists

Join Giant nutritionist Joni Rampolla, RDN, CSOWM, LDN on Zoom each Wednesday at 12 PM from April 7 - April 28 for a 30-minute virtual class, as they explore various plant-based options to possibly include in your diet for health, sustainability, affordability, taste and nutrition. Register through Eventbrite.

April 7: Beginners Guide to Plant-Forward Eating

April 14: Am I Getting Enough Protein?

April 21: Plant-Forward Meal Solutions

April 28: Plant-Forward Store Tour

**Wednesdays, April 7, 14, 21 & 28 at 12:00 PM**

### Alzheimer's Association: 10 Warning Signs of Dementia

The Alzheimer's Association® has developed the *10 Warning Signs of Alzheimer's* education program to help people recognize common signs of the disease and know what to watch for in themselves and others. This FREE one-hour virtual program will be held virtually on Zoom. Registration is required by calling the Alzheimer's Association at 1-800-272-3900.

**Tuesday, April 13 at 10:00 AM**

### Adult Brain Games Grab Bags

Give your brain a workout with our Brain Game Grab Bags for Adults! We will have an assortment of puzzles, brain teasers, and fun activities for you to take home to challenge the mind. Registration is required and starts on **Monday, April 12th**. Pick up your bag during our Express Service or Curbside Pick-up hours the week of **April 19th**. Bags must be picked up by 2pm on **Saturday, April 24th**.

### eResources at MTPL

Looking for ways to access digital books, movies, music, magazines, online classes, and other resources from your home? Visit our online databases page on our website ([mtpl.info/online-databases/](http://mtpl.info/online-databases/)) to access resources like Hoopla, OverDrive, Mango Languages, Universal Class and so many more directly from your computer, tablet or smart phone!

### Share Your (Amazon) Smile

The Manheim Township Public Library Foundation can benefit from all your Amazon purchases through the Amazon Smile program. By making MTPLF the designation on your account, and accessing Amazon through [Smile.Amazon.com](https://smile.amazon.com), .05% of your purchases are donated directly, without any added costs to you or the Library. Please visit the following link to set up your designation and start shopping! <https://smile.amazon.com/ch/27-2124352>



### Returning Library Materials & Account Information

Items can be returned to our regular book drops. Items that are returned will be quarantined and they will remain on your account until the quarantine period is finished. **Once the quarantine period is ended, items will be backdated to their return date.** Patrons will not receive fines for the quarantine time. Please do not renew returned items. Doing so will result in fines being accrued. If you have concerns about your account or due dates, please email us at [info@mtpl.info](mailto:info@mtpl.info) or call the Library at 717-560-6441. If anyone in your household is experiencing symptoms of illness, please wait to return your items.

### Curbside Holds Pick-up at MTPL

MTPL is currently offering curbside holds pick-up for select library materials. For the most up-to-date information about how to request items and for details about the process for picking up your items when they are ready, visit: [mtpl.info/curbside-holds/](http://mtpl.info/curbside-holds/)

### Express Service at MTPL

MTPL is currently offering Express Service for in-person browsing and computer use. Capacity limits will be enforced. Masks that cover the nose and mouth are required while in the building throughout your visit. For the most up-to-date information regarding Express service and hours, visit: [mtpl.info/express-service/](http://mtpl.info/express-service/)

### Adult Reading Challenge

Join us for our year-long reading challenge for adults! Patrons ages 18 + can participate in our monthly challenges. From September 2020-August 2021, we will post a new challenge each month. Multiple entries are allowed, but each title can only be submitted once. Readers can submit books, audio books, graphic novels, or eBooks. One prize winner will be awarded the last day of each month, and at the end of the year a grand prize winner will be announced. Entries can be submitted: [mtpl.info/adult-reading-form/](http://mtpl.info/adult-reading-form/)

*For our April 2021 Challenge, read a book that has or is becoming a movie!*

### LIBRARY CLOSED: Friday, April 2nd for Good Friday

### Virtual Programming for Kids & Adults

Join us online for virtual programs this month! Many children's programs can be viewed through our Facebook page and others will use Zoom.

Visit our events calendar on our website for registration and details regarding how to connect to each particular virtual program. See below for a quick reference to many of our popular programs.

### Virtual Programs for Children and Families

**Stay Put Story Time Junior (birth - 3)** - Thursdays, April 1, 8, 15, 22 & 29 at 10:45 AM

**Stay Put Story Time (3+)** - Wednesdays, April 7, 14, 21 & 28 at 10:45 AM

### Virtual Programs for Adults

**Virtual Toastmasters** - Wednesdays, April 7 & 21 at 6:30 PM

**Alzheimer's Association Virtual Program** - Tuesday, April 13th at 10:00 AM

**Midweek Money Matters programs during the month of April** (see reverse side)

Registration is required for all programs. Register on our website at [www.mtpl.info](http://www.mtpl.info), by calling the Library at (717) 560-6441, or when you visit the Library. *Manheim Township Public Library is located at 595 Granite Run Drive Lancaster, PA 17601.*