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July 2021

LIBRARY & CURBSIDE PICK-UP HOURS
 Mon. - Wed. 10:00 AM - 7:00 PM
 Thursday & Friday 10:00 AM - 5:00 PM
 Saturday 9:00 AM - 4:00 PM
 Sunday CLOSED

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|---|---|----------|
| <p>Save the Dates:</p> <p><i>Friends of MTPL Annual Book Sale</i> <i>10th Anniversary Celebration</i></p> <p>September 14 - 16 September 25, 10am-3pm</p> <p>Overlook Activities Center Manheim Township Public Library</p> | | | | | | |
| 4 CLOSED | 5 LIBRARY CLOSED | 6 | 7 | 8 | 9 | 10 |
| Virtual Intuitive Eating with Giant Nutritionists - 12:00 PM | Virtual Summer Produce Spotlight with Giant Nutritionists - 12:00 PM Teen Summerzine 2021 - Virtual Program - 4:00 PM Writers' Group - 6:00 PM | Virtual Plant Forward Eating with Giant Nutritionists - 12:00 PM Toastmasters Virtual Meeting - 6:30 PM | Virtual Plant Forward Eating with Giant Nutritionists - 12:00 PM Toastmasters Virtual Meeting - 6:30 PM | Virtual Summer Stars & Sides with Giant Nutritionists 12:00 PM Virtual Summer Spa Self-Care with Giant Nutritionists - 7:00 PM | Virtual Summer Feature Friday with Giant Nutritionists - 12:00 PM | |
| 11 CLOSED | 12 | 13 | 14 | 15 | 16 | 17 |
| Outdoor Family Story Time 9:30 AM Virtual Intuitive Eating with Giant Nutritionists - 12:00 PM Mystery Book Group - 7:00 PM | Outdoor Family Story Time 9:30 AM Virtual Summer Produce Spotlight with Giant Nutritionists - 12:00 PM | Outdoor Story Time with Sandy Asher - 10:00 AM Virtual Plant Forward Eating with Giant Nutritionists - 12:00 PM | Virtual Summer Stars & Sides with Giant Nutritionists 12:00 PM Virtual Summer Spa Self-Care with Giant Nutritionists - 7:00 PM | Virtual Summer Feature Friday with Giant Nutritionists - 12:00 PM | | |
| 18 CLOSED | 19 | 20 | 21 | 22 | 23 | 24 |
| Outdoor Family Story Time 9:30 AM Crafting Corner Club - 10:00 AM Virtual Intuitive Eating with Giant Nutritionists - 12:00 PM | Virtual Summer Produce Spotlight with Giant Nutritionists - 12:00 PM Teen Summerzine 2021 - Virtual Program - 4:00 PM Writers' Group - 6:00 PM | Outdoor Family Story Time 9:30 AM Virtual Plant Forward Eating with Giant Nutritionists - 12:00 PM Bat Take - County Parks Department (Outside Weather Permitting) 3:00 PM Toastmasters Virtual Meeting 6:30 PM | Jeff Boyer's Big Bubble Bonanza (Outside Weather Permitting) - 10:30 AM Virtual Summer Stars & Sides with Giant Nutritionists 12:00 PM Virtual Summer Spa Self-Care with Giant Nutritionists - 7:00 PM | Virtual Summer Feature Friday with Giant Nutritionists - 12:00 PM | | |
| 25 CLOSED | 26 | 27 | 28 | 29 | 30 | 31 |
| Outdoor Family Story Time 9:30 AM Virtual Intuitive Eating with Giant Nutritionists - 12:00 PM | Virtual Summer Produce Spotlight with Giant Nutritionists - 12:00 PM Virtual TED Circles - 6:00 PM | Outdoor Family Story Time 9:30 AM Virtual Plant Forward Eating with Giant Nutritionists - 12:00 PM Virtual MTPLF Board Meeting 5:30 PM | Virtual Summer Stars & Sides with Giant Nutritionists 12:00 PM Virtual Summer Spa Self-Care with Giant Nutritionists - 7:00 PM | Virtual Summer Feature Friday with Giant Nutritionists - 12:00 PM | | |

Virtual Summer Stars & Sides with Giant Nutritionists

Join Giant nutritionists on Zoom each Thursday at 12:00 PM from July 1 - July 29 for a fun series about some better-for-you summer barbeque options. Register through Eventbrite.

July 1: Meats & Marinades with Taylor

July 8: Mayo Madness with Charlotte

July 15: Bountiful Beans with Charlotte

July 22: Summer Salads with Jennifer

July 29: Midsummer Mocktails with Mary

Thursdays, July 1, 8, 15, 22 & 29 at 12:00 PM

Virtual Summer Spa Self-Care with Giant Nutritionists

Join Giant nutritionists on Zoom each Thursday at 7:00 PM from July 1 - July 29 to treat yourself to a night of self-care with our nutritionists and our food-based spa creations. Register through Eventbrite.

July 1: Oatmeal Avocado Face Mask with Charlotte

July 8: Deep Repair Hand Salve with Jennifer

July 15: Brown Sugar Coconut Lip Scrub with Taylor

July 22: Pina Colada Hair Mask with Shanna

July 29: Blueberry Mojito Body Scrub with Kilene

Thursdays, July 1, 8, 15, 22 & 29 at 7:00 PM

Virtual Summer Feature Friday with Giant Nutritionists

Join Giant nutritionist Holly Doan, RD, LDN on Zoom each Friday at 12:00 PM from July 2 - July 30 for a 30-minute virtual class highlighting a brand and their products. Register through Eventbrite.

July 2: Made with Love with Amy's

July 9: Refresh & Revitalize with Zevia Drinks

July 16: Do The KIND Thing® with KIND® Snacks

July 23: Award Winning Cheeses with Cabot Creamery

July 30: Discover a World of Flavor with Field Roast, Plant-Based Meat & Cheese Co.

Fridays, July 2, 9, 16, 23 & 30 at 12:00 PM

Virtual Intuitive Eating with Giant Nutritionists

Join Giant nutritionists on Zoom each Tuesday at Noon from July 5 - July 26 for a 30-minute virtual class as we explore an approach to food that focuses on trusting your body's inner wisdom and developing a positive relationship with food. Register through Eventbrite.

July 5: Intro to Intuitive Eating with Kilene

July 12: Making Peace with Food with Taylor

July 19: Honor Your Hunger & Feel Your Fullness with Kilene

July 26: Navigating Emotional Eating with Taylor

Mondays, July 5, 12, 19 & 26 at 12:00 PM

Virtual Summer Produce Spotlight with Giant Nutritionists

Join Giant nutritionists on Zoom each Tuesday at Noon from July 6 - July 27 for a 30-minute virtual class to get the scoop on what produce is popping with flavor this month and a correlating recipe. Register through Eventbrite.

July 6: Peaches with Kilene

July 13: Watermelon with Jennifer

July 20: Blueberries with Jennifer

July 27: Tomatoes with Charlotte

Tuesdays, July 6, 13, 20 & 27 at 12:00 PM

Virtual Plant Forward Eating with Giant Nutritionists

Join Giant nutritionists on Zoom each Wednesday at Noon from July 7 - July 28 for a 30-minute virtual class to explore various plant-based options to include in your diet for health, sustainability, and affordability. Register through Eventbrite.

July 7: Introduction to Plant-Forward Eating with Joni

July 14: Protein in Plants with Jennifer

July 21: Plant-Forward Meal Solutions with Joni

July 28: Plant-Forward Store Tour with Jennifer

Wednesdays, July 7, 14, 21 & 28 at 12:00 PM

eResources at MTPL

Looking for ways to access digital books, movies, music, magazines, online classes, and other resources from your home? Visit our online databases page on our website ([mtpl.info/online-databases/](https://www.mtpl.info/online-databases/)) to access resources like Hoopla, OverDrive, Mango Languages, Universal Class and so many more directly from your computer, tablet or smart phone!

10th Anniversary Tote Bags

Our 10th Anniversary Celebration Tote Bags have arrived! Please pick up your preordered tote bags at the circulation desk. Need to buy a couple more? We have additional totes available at the circulation desk for \$15, payable by cash or check. Please visit <https://mtpl.info/anniversary-tote/> to pay by credit card.

Thank you for supporting the Library!



Curbside Holds Pick-up at MTPL

MTPL is currently offering curbside holds pick-up for select library materials. For the most up-to-date information about how to request items and for details about the process for picking up your items when they are ready, visit: [mtpl.info/curbside-holds/](https://www.mtpl.info/curbside-holds/)

Adult Reading Challenge

Join us for our year-long reading challenge for adults! Patrons ages 18+ can participate in our monthly challenges. From September 2020 - August 2021, we will post a new challenge each month. Multiple entries are allowed, but each title can only be submitted once. Readers can submit books, audio books, graphic novels, or eBooks. One prize winner will be awarded the last day of each month, and at the end of the year a grand prize winner will be announced.

Entries can be submitted: [mtpl.info/adult-reading-form/](https://www.mtpl.info/adult-reading-form/)

*For our July 2021 Challenge,
read a book that takes you to a different country or time period!*

SRP: Special Summer Programs!

Phredd – Ukulele One Man Band (Outside Weather Permitting)

Thursday, July 1st at 3:00 PM

Bat Tale – County Parks Dept. (Outside Weather Permitting)

Wednesday, July 21st at 3:00 PM

Jeff Boyer's Big Bubble Bonanza (Outside Weather Permitting)

Thursday, July 22nd at 10:30 AM

**Visit our events calendar at: [mtpl.info/events](https://www.mtpl.info/events)
to learn more about these summer programs!**

Page Turner Adventures!

We're excited to be partnering with Page Turner Adventures to offer our library patrons an interactive learning experience for children grades K-3! This summer, kids can follow along to virtually participate in animal-themed comedy shows, field trips, create "paw-some" crafts, and mix up some cool recipes. Check our Facebook page every weekday for the link to that day's content.

Programs for Children and Families

Teen SummerZine 2021 (Virtual Program) - Tuesdays, July 6 & 20 at 4:00 PM

Outdoor Family Story Time - Mondays, July 12, 19 & 26 at 9:30 AM |

Tuesday, July 13 at 9:30 AM | Wednesdays, July 21 & 28 at 9:30 AM

Outdoor Story Time with Sandy Asher - Wednesday, July 14 at 10:00 AM

Programs for Adults

Virtual Toastmasters – Wednesdays, July 7 & 21 at 6:30 PM

Mystery Book Discussion Group - Monday, July 12 at 7:00 PM

Crafting Corner Club - Monday, July 19 at 10:00 AM

Virtual TED Circles - Tuesday, July 27 at 6:00 PM

Registration is required for all programs. Register on our website at www.mtpl.info, by calling the Library at (717) 560-6441, or when you visit the Library. **Manheim Township Public Library is located at 595 Granite Run Drive Lancaster, PA 17601.**